



What Do You Wonder? A Community of Young Scientists

Covid Busters Lab Group: How has social distancing affected our relationships and how we spend our time?

Keep track of your activities by making a mark in the correct time box each time you participate in an activity. For example, if you are involved in outside activities from 9:30a.m. to 10:30a.m., you would put a mark in the 8:00 a.m.-10:00 a.m. box AND also a mark in the 10:00 a.m.-12:00p.m. box. **Do this for 3 days.**

Please note that in the data collection sheet below, “**new people**” refers to individuals that you had not met before. When you have completed recording your data, please go to the data submission [link](#) and report your results with SARSEF’s COVID Busters! Thank you!

Please print and use the data sheets on the next pages for your research!

Day One

Activity Indicate how many times you engage in the listed activity	8:00 a.m.- 10:00a.m.	10:00a.m.- 12:00p.m.	12:00p.m.- 2:00p.m.	2:00 p.m.- 4:00p.m.	4:00p.m.- 6:00 p.m.	6:00 p.m.- 8:00p.m.
Screen Time For school/academics						
Screen Time For leisure/fun						
Number of conversations/interactions on screen						
Number of new people you conversed with on screen						
Outside Activities						
Number of conversations/interactions you have while outside						
Number of new people you greet or wave hello to when outside (while maintaining social distancing, 6 ft. distance)						
Outside Exercise						
Did you exercise alone or with your family?						
Inside family activities: conversing, playing games, interacting						
Activities involving Making/Building /Creating						
Do you have a dog or cat? In not, do not answer. If yes, how many times did you interact with your dog or cat?						
Please indicate your overall mood for each 2-hour block of time, using one of these three faces! 						

Day Two

Activity Indicate how many times you engage in the listed activity	8:00 a.m.- 10:00a.m.	10:00a.m.- 12:00p.m.	12:00p.m.- 2:00p.m.	2:00 p.m.- 4:00p.m.	4:00p.m.- 6:00 p.m.	6:00 p.m.- 8:00p.m.
Screen Time For school/academics						
Screen Time For leisure/fun						
Number of conversations/interactions on screen						
Number of new people you conversed with on screen						
Outside Activities						
Number of conversations/interactions you have while outside						
Number of new people you greet or wave hello to when outside (while maintaining social distancing, 6 ft. distance)						
Outside Exercise						
Did you exercise alone or with your family?						
Inside family activities: conversing, playing games, interacting						
Activities involving Making/Building /Creating						
Do you have a dog or cat? In not, do not answer. If yes, how many times did you interact with your dog or cat?						
Please indicate your overall mood for each 2-hour block of time, using one of these three faces! 						

Day Three

Activity Indicate how many times you engage in the listed activity	8:00 a.m.- 10:00a.m.	10:00a.m.- 12:00p.m.	12:00p.m.- 2:00p.m.	2:00 p.m.- 4:00p.m.	4:00p.m.- 6:00 p.m.	6:00 p.m.- 8:00p.m.
Screen Time For school/academics						
Screen Time For leisure/fun						
Number of conversations/interactions on screen						
Number of new people you conversed with on screen						
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Number of conversations/interactions you have while outside						
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