Wholehearted
- Cultivating Authenticity
- Resting Calmly
- Gratitude for Laughter
- Intuition and Vulnerability
- Self-Compassion

Letting Go Of
- Perfectionism
- Scarcity
- The Need for Certainty
- Comparison
- Anxiety

Enthusiastically Curious
Inquisitive, knowledge-seeking, driven by the desire to participate in the process of learning

Honorable
Having or conforming to high moral standards or principles; worthy of respect or admiration; characterized by being fair or just

Whimsical
Having or showing creativity or inventiveness; lighthearted and casually cheerful; characterized by something exceptional or beyond ordinary; playfully odd

Accountable
Dedicated to including all voices and perspectives, to learning from our mistakes, and creating opportunity for everyone to safely contribute